

Lancaster County Health and Wellness Commission  
Minutes of Meeting Held  
May 21, 2014

Present:	Susan DeKleine Nancy Fleming Pam Giardiello Vicki Hinson	Graceann Jones Frances Moreland Donna Parsons Kathy Sullivan
Excused:	Angela McCrorey	Sally Sherrin
Absent:	Becky Love	Lori Moseley

**Call to Order:**

Vicki welcomed Commission members to the meeting. She distributed gifts of appreciation from Lancaster County to all those present: a soup mug with spoon and \$25 gift card to Walmart. Members who were not present at today's meeting will also receive their gifts.

**Approval of Minutes:**

Vicki asked if everyone received mailed copies of meeting minutes for October 9, 2013 and March 19, 2014, along with the agenda for today's meeting. Those who had not received copies, received same. Minutes from both meetings were reviewed. Pam moved to accept these minutes as submitted, and Graceann seconded. The motion carried.

Vicki informed the group that, henceforth, meeting minutes and agendas will be mailed to all members.

**Presentation - Eat Smart Move More (ESMM):**

Pam and Kathy gave a report from the ESMM Community Forum held April 29, 2014. Strategic Plan Notes from this meeting were distributed to those present. Pam and Kathy also indicated that a meeting to discuss physical fitness will be held on May 21 at 1:30 p.m., and a meeting to discuss healthy eating will be held on May 27, 2014. Details will be sent to those who have expressed interest in those topics.

Donna reported that the stricter guidelines regarding snack and drink vending machines in Lancaster County schools could become problematic as far as federal funding is concerned. Proceeds from vending machine profits are used for some very worthwhile school projects.

The topic of disc golf games was discussed. These games seem to be catching on and could possibly be useful for increasing physical activity on the part of children and adults. Frances requested contact information (for the possibility of Kershaw's Stevens Park). Donna indicated she would get the information to Frances.

Kathy told the group that there is a disc golf game in most Rock Hill schools and a game at Chester County State Park.

Vicki mentioned the possibility of pursuing grant funding for a golf disc game for Lancaster.

Frances gave a report on a recent greenway meeting she attended. At this meeting, Richard Louv, author of Last Child in the Woods, spoke of the potential damage to children from spending too much time in front of a screen and far less time out of doors.

Regarding the topic of healthy eating, Pam reported that Christa Snyder, of Lancaster County Parks and Recreation, is now over the Lancaster Farmers Market and plans to attend the May 27 meeting on healthy eating.

**Old Business:**

**Membership/Attendance**

Donna informed the group that terms for Lori Moseley (who represents District 3) and Becky Love (representing District 7) expired on June 30, 2013. According to Donna, Steve Willis and Debbie Hardin are checking with the County Council members representing these two areas regarding the possibility of having Lori and Becky reinstated. The outcome of these discussions should be forthcoming.

**New Business:**

**County Council Formal Report**

Donna reported that a change has been made regarding formal reports to County Council. She plans to send Council a basic overview, along with a copy of the ESMM survey results.

The next regular meeting of the Lancaster County Health and Wellness Commission will be held at 11:45 a.m. on August 13, 2014 in the board room at the Lancaster County School District offices.

There being no further business, Nancy moved that the meeting be adjourned, and Pam seconded. Motion carried, and the meeting was adjourned.

Respectfully submitted,  
Nancy Fleming

MULTI TRANSMISSION REPORT

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FILE NO. : 392  
DATE : 08.07 13:29  
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**Lancaster County Health and Wellness Commission  
300 South Catawba Street, Lancaster, SC 29720**

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**Health and Wellness Commission Agenda**

**11:45 a.m.  
August 13, 2014**

**Welcome/Introduction**

**Donna Parsons**

**Approval of Minutes**

**Vicki Hinson**

**Old Business**

**a. Financial Review**

**Vicki Hinson**

**b. Membership**

**New Business**

**a. Presentation ESMM**

**Pam, Kathy, Lori**

**b. Future Plans**

**c. Adjourn**

**Next Meeting: October 15, 2014**

*"The purpose of the Health & Wellness Commission is to serve as an advisory body to Lancaster County Council and as coordinating and educational body for the people of Lancaster County in matters concerned with health and well-being of the community. They try to identify health issues in the county, to coordinate existing services and/or establishment of additional services or programs to meet those needs."*

*Anyone requiring special services to attend this meeting should contact 285-1565 at least 24 hours in advance of this meeting.*