

From: Devin Allman
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Weekly Cybersecurity Tips

Is spam clogging your inbox?

There are a couple of things you can do to weed most of it out and keep your inbox and devices safe:

- Be careful where you submit your email address – every time you type in your e-mail address online, there is a chance that it will be intentionally shared or unintentionally leaked; this is how most users are subscribed to unwanted spam.
- Unsubscribe from any unnecessary newsletters – this includes coupons and discount offers, as well. E-mail subscriptions to large chains and corporations are generally safe, but those websites such as 123coupons.com and okrarecipes.net are big NO-NOs.
- Create a dedicated *junk* e-mail account to keep your primary e-mail account safe and free of unwanted communication; anytime an e-mail address is required to register an account, use the *junk* e-mail instead of your primary e-mail.
- When using social media, enhance your privacy settings so that no one can see your e-mail account – hackers utilize sophisticated software to befriend social media users in order to scour their pages, photos, posts and other social media presences to uncover sensitive information such as home addresses, phone numbers, birth places and dates, places of employment or education, etc.

Spam campaigns are still the primary vector that cyber criminals use, so less spam means you will be more secure.

– The IT Department



Tickets: support.lancastercountysc.net
E-mail: support@lancastercountysc.net